# Developing Interpersonal Skills In Business English



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# Interpersonal Skills in Business English

## **Challenges**

- Integrate verbal, non verbal, behavioral and cultural elements
- Context: planned and unplanned

## **Possible Training Solutions**

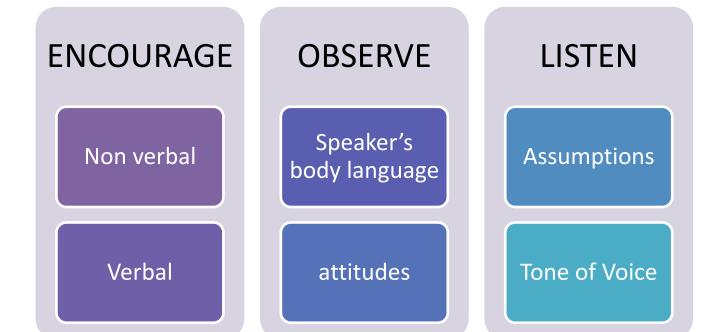
- Awareness
- Quick Response Capacity
- Communication strategies



# **Effective Listening**



- Focus
- Listen with "all senses"
- •Be careful: distractions and assumptions



# **Active Listening in Class**

#### **The Power of Listening**

- •Split group in Speakers and Listeners. Tell S to wait outside.
- •Inform L that , instead of signals of encouragement, they put up their hands 2 ". They have to remain silent.
- •Inform S they will talk for 3' about a positive experience.
- •Debrief: Ask S how they felt while talking (emotions felt, etc) "I didn't feel listened to, didn't know why she put up her hand, I lost myself and didn't know how to continue with the story"..
- •Discuss the importance of listening.

#### Active Listening and Discussion: In pairs (or 3)

S: speaks for 3' on a topic of interest

L: is active. If not, S stops and waits for encouragement

L summarizes and S corrects

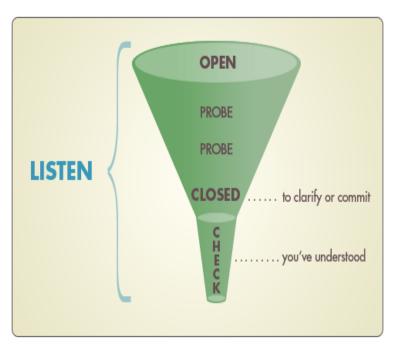
3rd: listens and feedbacks at the end

#### **The Witches of Glum: Assumptions**

Reading and a T/F exercise to:

- •To illustrate the dangers of making assumptions.
- •To provoke discussion about prejudices and stereotypes.

# **Effective Questions: The Funnel**



T.E.D (tell, explain, Describe)	Please, <b>describe</b> us what happened with the product Could you <b>tell me</b> where you bought the machine?
Probing	What <u>exactly</u> went wrong?
Clarifying/ Developmental	When you say you mean? Could you expand on that?
Hypothetical	If you could choose another model, which one would you prefer?
Leading	Product A is very efficient, don't you think?" Option 2 is better, isn't it?
Closing	OK, are we finished? So, will you accept the new version?

TED+Probing+Close

# **Activities**

#### **Scenarios**:

"You were not able to attend an important meeting. Ask your boss about it, you want details".

- a) Question type: ....
- b) the question.

<u>The Hot Seat Funnel</u>: Assign roles (a celebrity/ a football team). Arrange the class in semi circle. Using the funnel, the group asks questions to gathers information.

#### The power of questions. In pairs.

- S 1 begins by asking S 2 an open-end question.
- S 2 answers the question, then asks S 1 a related, open-end question.
- This continues, back and forth, until one S gets stumped.
- Debrief: each student tries to grab control of the conversation from the other by asking questions. Who controls conversations?
- FEEDBACK: verbal, non verbal, attitude

# **Communicating Assertively**

#### **Passive**

- Afraid to speak up.
- Uses hesitant language
- Speaks softly.
- Avoids eye contact.
- Slouches, shifts weight from one foot to the other.

#### **Assertive**

- Speaks openly
- Clear, direct language
- Listens actively and responds in agreement or not.
- Conversational tone, a clear steady voice.
- Stands straight, steady
- Eye contact.

#### **Aggressive**

- Talks over others.
- Undermines the rights of others
- •Speaks loudly, shouts.
- •Stands rigidly, puts hands on hips, arms crossed
- •Glaring eyes.
- PASSIVE AGRESSIVE

By communicating assertively, a person is reliable and self-confident, can build strong relationships, influence people and work in teams.

# Language of Assertiveness

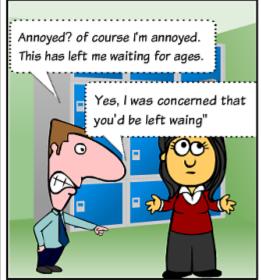
## **Empathic Statements**

- 1. Recognize the other person's views:
  - I understand you are having trouble working with Arlene.
- 2. Then, express what you need:
  - ...however, this project needs to be completed by Friday. Let's all sit down and come up with a plan to get it done.

# Fogging Technique









- •Recognize the other person statement
- Express your need, position
- •Give a calm response while not agreeing to the demand
- A wall of fog

# **Activities**

### **Emotions.** Groups of 3.

In turns, each Student communicates an emotion with non verbal language.

The other two try to guess which emotion is being communicated.

### **The Chair**

Ask a student who is able to behave assertively to sit on a chair in the middle of the room.

Assign behavior types to other 3: assertive, passive, aggressive.

Goal: to persuade the student on the chair to relinquish the chair. (timing)

#### The Traffic Light

In pairs. Distribute one card to each participant.

Each cards contains part of a situation (a threat) and a color code. Participants cannot see each other's cards.



You are at a bar and have asked for a beer but the waitress brought you a glass of wine. Your start the conversation. Color: RED

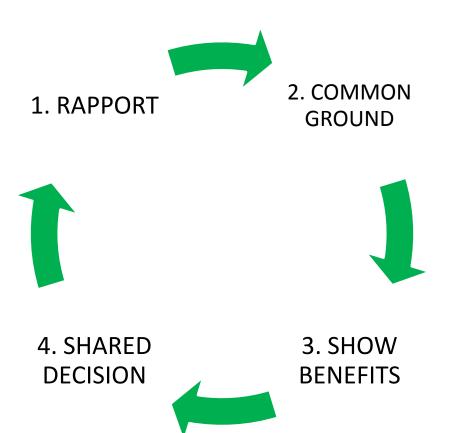
You work in a bar as a waitress. You are having a very sad day. You've just taken a glass of wine to a man. Color: YELLOW.

# **COMMUNICATING PERSUASIVELY**

We are closing in 5', come back tomorrow

 You must have been dealing with Bob... he's off the week now. You'd better wait till Monday.

## THE WHEEL



- 1. Gain rapport . Trust
- 2. Ask about needs, values: empathy and listen actively
- Logical language (evidence) and Emotional language (sensory words, story telling)
- 4. State your position assertively. Use of hypothetical and leading questions

# **Activities**

#### Scenarios: to use the Wheel

- 1. You must have been dealing with Bob... he's off the week now. You'd better wait till Monday.
- 2. The system is down now due to maintenance so there is nothing I can do to help you at the moment.

#### "The Parcel"

- Goal: convince your partner of taking care of a parcel for some days. Partner: doubtful, hesitant, resistance.
- In large groups: pass on the parcel and convince the S by your side to accept it.
   If S is not convinced, the persuader goes out. Winner: the S without the parcel.



# Takeaways...

## Interpersonal Skills techniques

- Integrate elements of communication
- Raise awareness
- QRC
- Context

## Application in Class:

- "as it is" or adapted
- Supplement a course book

# Thank you for your attention!

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